



Hawai'i Foodbank, Inc.

Food Assistance Handout

Updated 3/4/2023 @ 11:30 a.m.

During this time this list is constantly changing and is updated on our website @ www.hawaiifoodbank.org/help/

Our Mission Statement

Hawai'i Foodbank nourishes our 'ohana today and works to end hunger tomorrow.

The Hawai'i Foodbank stores mass quantities of food in our warehouses so that it can be distributed through our 501(c)(3) non-profit partner agencies. Please see below a list of organizations that are able to help you through this difficult time (**please note that days and times may change without notice.**) If you need general help, please call 211 and they can direct to other services.

Please remember to bring your own bags if possible. Carts are especially helpful when you attend the 'Ohana Produce Plus Program Distributions.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER Food Pantry

| Location Name | Location | Phone # | Area | Days of Operation | Hours of Operation |
|-------------------------------|---|----------------|-----------------|---|---|
| Aiea 7th Day Adventist Church | 99-005 Moanalua Rd. Aiea, HI 96701 | (808) 488-9855 | Central Oahu | Saturdays or Call (808) 488-9855 to set up an appt | 8:00am - 9:00am By appt only |
| Armed Services YMCA (JBPHH) | 100 McChord Street Joint Base Pearl Harbor- Hickam, 96853 | 808-448-1972 | Central Oahu | Monday - Friday | 7:30am - 3:30pm Base Access Required |
| Armed Services YMCA (Wheeler) | 1262 Santos Dumont Ave Bldg. 122 Wahiawa, 96786 | (808) 624-5645 | Central Oahu | Monday - Friday | 7:30am - 3:30pm Base Access Required |

| Location Name | Location | Phone # | Area | Days of Operation | Hours of Operation |
|--|--|--|-----------------|--|---|
| Brethren of Christ International | 94-133 Pahu St. Waipahu HI 96797 | (808) 676-4673 | Central Oahu | Sundays | 11:30am - 12:30pm |
| Calvary Chapel Pearl Harbor | 94-1044 Waipio Uka St. Waipahu, HI 96797 | (808) 372-6753 or (808) 295-1669 | Central Oahu | 1st Saturday | 8:00am - 10:00am |
| First Assembly of God - Red-Hill | 3400 Moanalua Rd. Honolulu, HI 96819 | (808) 836-2300 | Central Oahu | On call 7 days a week, call (808) 836- 2300 to set up an appt | 7:00am - 5:00pm |
| First Assembly of God Wahiawa | 300 Wilikina Dr. Wahiawa, HI 96786 | | Central Oahu | Sundays | 6: 00am - 8:00pm |
| New Hope Kapolei Ministry Center | 94-199 Leonui St. Waipahu, HI 96797 | (808) 680-9669 | Central Oahu | 3rd Saturday | 8:00am - 10:00am |
| New Life Body of Christ Christian Church | 74 S. Kamehameha Hwy. Wahiawa, HI 96786 | (808) 622-6650 | Central Oahu | Tuesdays & Thursdays | 9:00am - 12:00pm |
| Our Lady of Sorrows | 1403 California Ave. Wahiawa, HI 96786 | (808) 621-5109 | Central Oahu | Last Saturday | 9:00am - 11:00am |
| St Timothy's Episcopal Church | 98-939 Moanalua Rd. Aiea, HI 96701 | (808) 488-5747 | Central Oahu | 1st, 3rd & 5th Tuesday 2nd & 4th Tuesday | 4:00pm - 6:00pm 4:30pm - 6:00pm |
| St. Elizabeth Catholic Church | 99-312 Moanalua Rd. Aiea, HI 96701 | (808) 487-2414 | Central Oahu | Thursdays | **CLOSED 3/30/2023** 4:30pm - 6:00pm (Games 4:30pm - 5:00pm) |
| St. Joseph Church | 94-675 Farrington Highway Waipahu, HI 96797 | (808) 676-3493 | Central Oahu | 2nd Tuesday or by appt | 2:30pm - 5pm call (808) 676-3493 |
| Surfing the Nation | 64 Ohai St. Wahiawa, HI 96786 | | Central Oahu | Wednesdays, Thursdays & Saturdays | 1:00pm - 3:00pm |
| Wahiawa 7th Day Adventist Church | 1313 California Ave. Wahiawa, HI 96786 | (808) 622-3440 | Central Oahu | Last Sunday | 9:00am - 11:00am |
| Waipahu Seventh-Day Adventist | 94-902 Awanei St. Waipahu, HI 96797 | | Central Oahu | 3rd Sunday | 1:00pm - 3:00pm |

| Location Name | Location | Phone # | Area | Days of Operation | Hours of Operation |
|---|--|----------------|---------------|--|---|
| Angel Network Charities | 5339 Kalaniana'ole Hwy. Honolulu, HI 96821 | (808) 377-1841 | East Honolulu | Fridays | DRIVE THRU ONLY 10:00am - 12:00pm |
| Kapiolani Community College - Pohukaina Food Pantry ONLINE REGISTRATION ONLY @ http://go.hawaii.edu/3Ss | 4303 Diamond Head Rd. `iliahi 231 Honolulu, HI 96816 | | East Honolulu | Thursdays | DRIVE THRU ONLY LOCATED BEHIND ILIAHI BUILDING (HANDICAP PARKING AREA) 2:00am - 5:00pm |
| Waikiki Community Center | 310 Paoakalani Ave. Honolulu, HI 96816 | (808) 923-1802 | East Honolulu | Tuesdays | 1:00pm - 2:00pm |
| Abundant Grace Church | 702 Puuhale Rd. Honolulu, HI 96819 | (808) 200-1177 | Honolulu | Wednesdays | 10:00am - 12:00pm |
| Cedar Assembly of God | 620 Waipa Lane Honolulu, HI 96817 | (808) 379-0257 | Honolulu | Tuesdays | 8am - 9am |
| Church of Christ at Pearl Harbor | 515 Main Street Honolulu, 96818 | (808) 422-7033 | Honolulu | Call (808) 422-7033 to set up an appt | By appt only |
| Church of God Prophecy @ Stevenson Rec Center | 1202 Prospect Street Honolulu, HI 96822 | (808) 741-0745 | Honolulu | 2nd Sunday | 10am - **While Supplies Last** |
| Co-Cathedral of St Theresa | 712 N School St. Honolulu, HI 96817 | (808) 521-1700 | Honolulu | Last Friday or Monday - Friday | 3:00pm - 5:00pm 8:00am - 12:00pm, 2:00pm - 4:00pm |
| First United Methodist Church | 1020 S. Beretania Street Honolulu, HI 96814 | (808) 522-9555 | Honolulu | Mondays | **Closed 3/27** Opened Additional Days: 3/2, 3/4, 3/9, 3/30 2:00pm - 4:00pm |
| Fountains of The Living Water | 2412 Rose St., #100 Honolulu, HI 96819 | | Honolulu | 1st & 3rd Saturdays | 8:00am - 10:00am |
| Full Gospel of Oahu | 1680 Kapiolani Blvd Honolulu, HI 96814 | (808) 942-0854 | Honolulu | Sundays | 8:30am - 1:00pm |
| Hawaii Cedar Church | 1545 Kamehameha IV Rd. Honolulu HI 96819 | | Honolulu | Sundays Wednesdays | 11:00am - 12:00pm 7:00am - 9:00am |

| Location Name | Location | Phone # | Area | Days of Operation | Hours of Operation |
|--|---|----------------------------------|----------|---|--|
| Hawaiian Humane Society (FOR PET FOOD ONLY) | 2700 Waiialae Ave. Honolulu, HI 96826 | (808) 356-2222 | Honolulu | Monday - Friday Saturday - Sunday | 11:00am - 7:00pm 10:00am - 4:00pm Holiday hours vary |
| Honolulu Fil-am S.D.A Church | 2232 Kanealii Ave. Honolulu, HI 96813 | | Honolulu | 1st & 3rd Sunday | 9:00am - 1:00pm |
| Kaumakapili Church | 766 N King St. Honolulu, HI 96817 | (808) 845-0908 | Honolulu | Wednesdays | 9:00am - 11:00am |
| New Hope International Ministries @ Pacific Rim Christian University | 2223 Hoonee Street Honolulu, HI 96819 | (808) 842-4242 ext. 327 | Honolulu | 3rd Saturday or Call (808) 842-4242 ext. 327 | 8:00am - 10:00am Call during <i>Business Hours Only</i> |
| Olivet Baptist Church | 1775 S Beretania St. Honolulu, HI 96826 | (808) 946-6505 (808) 306-6611 | Honolulu | Last Saturday or Call (808) 946-6505 or (808) 306-6611 to set up an appt | 9:00am - 11:00am By appt only |
| Palama Settlement | 810 N. Vineyard Blvd. Honolulu, HI 96817 | (808) 848-2529 | Honolulu | Call (808) 848-2529 to set up an appt | 9:00am - 11:00am by appt only |
| Parents And Children Together- KPT Family Center | 1485 Linapuni St. Suite 103 Honolulu, HI 96819 | (808) 841-6177 | Honolulu | Monday, Wednesday, Friday | 9:00am - 3:00pm |
| The Parish of St. Clement | 1515 Wilder Ave. Honolulu, HI 96822 | | Honolulu | Wednesdays | 10:00am - 12:00pm |
| River of Life Mission | 101 N. Pauahi St. Honolulu, HI 96817 | | Honolulu | 2nd & 4th Friday | 10:30am - 3:00pm |
| Salvation Army - Family Services Office | 296 N Vineyard Blvd. Honolulu, HI 96817 | (808) 521-6551 | Honolulu | Mondays & Wednesdays | 2:30pm - 2:30pm |
| St. Elizabeth's Episcopal Church | 720 North King St. Honolulu, HI 96817 | | Honolulu | Monday - Saturday | 8:00am - 12:00pm |

| Location Name | Location | Phone # | Area | Days of Operation | Hours of Operation |
|---------------------------------------|---|----------------|------------------|---|--|
| St. John the Baptist Catholic Church | 2340 Omilo Ln. Honolulu, HI 96819 | (808) 845-0984 | Honolulu | Wednesdays (except for the 2nd Wednesday) | 10:30am - 12:30pm |
| St. Pius X Parish | 2821 Lowrey Ave. Honolulu, HI 96822 | (808) 988-3308 | Honolulu | Tuesdays, Wednesdays & Fridays | 10:00am - 11:30am |
| Su Gran Alabanza | 701 N King St. Honolulu, HI 96817 | (808) 843-8082 | Honolulu | Wednesdays | 10:30am - 12:00pm |
| Susannah Wesley Community Center | 1117 Kaili St. Honolulu, HI 96819 | (808) 847-1535 | Honolulu | Tuesdays & Thursdays | 12:00pm - 2:00pm |
| The Pantry by Feeding Hawaii Together | 2522 Rose St. Honolulu, HI 96819 | (808) 888-0778 | Honolulu | By appointment only. Register and shop online at thepantry.org | Pre-order at thepantry.org and receive a confirmation email with pick up date/times. |
| City of Refuge Church | 94-897 Waipahu Street Waipahu, HI 96797 | (808) 677-5677 | Leeward Coast | 1st & 3rd Friday | 3:00pm - **While Supplies Last** |
| Immaculate Conception Church | 91-1298 Renton Rd. Ewa Beach, HI 96706 | (808) 681-3701 | Leeward Coast | Fridays | 4:30pm - 6:30pm |
| Inspire Church | 94-877 Lumiaina Street, Bldg 12 Waipahu, HI 96797 | (808) 677-8844 | Leeward Coast | Tuesday - Friday by appt only | 10am - 2pm by appt only |
| Ka Hana O Ke Akua UCC | 86-311 Lualualei Hmstd. Rd. Waianae, HI 96792 | (808) 696-5652 | Leeward Coast | On call 7 days a week by appt. 696-5652 | 6:00am - 10:00pm by appt only |
| Nanaikapono Protestant Church | 89-235 Pua Ave. Waianae, HI 96792 | (808) 668-1184 | Leeward Coast | 3rd Monday or by appt | 8:00am - 10:00am call (808) 668-1184 |
| Our Lady of Kea'au | Kea'au Hmstds. Rd. Waianae, HI 96792 | (808) 696-7255 | Leeward Coast | 3rd Friday | 10:00am - 2:00pm |

| Location Name | Location | Phone # | Area | Days of Operation | Hours of Operation |
|----------------------------------|--|----------------|---------------|---|--|
| | | | | Last Saturday | 9:00am - **While Supplies Last** |
| | | | | Monday, Wednesday & Friday | 2:00pm - 3:00pm |
| Our Lady of Perpetual Help | 91-1004 North Rd. Ewa Beach, HI 96706 | (808) 689-8681 | Leeward Coast | Tuesday & Thursday | 9:00am - 11:00am |
| Paradise Chapel | 87-125 Maipalaoa Rd. Waianae, HI 96792 | (808) 668-1588 | Leeward Coast | Wednesdays | 7:00am - 9:00am |
| St. Jude Catholic Church | 92-455 Makakilo Dr. Kapolei, HI 96707 | | Leeward Coast | Tuesdays and Thursdays | *CLOSED 3/2, 4/4, 4/6, 5/30, 6/1, 7/4 3:30pm - **While Supplies Last** |
| St. Rita's Church | 89-318 Farrington Highway Waianae, HI 96792 | (808) 668-7833 | Leeward Coast | Monday & Wednesday | 9:30am - 11am |
| Waianae Baptist Church | 85-131 Ala Hema St. Waianae, HI 96792 | | Leeward Coast | Wednesdays | 9:00am - 12:00pm |
| Waianae Wags (FOR PET FOOD ONLY) | 85-786 Farrington Highway Waianae HI 9679 | (808) 754-7187 | Leeward Coast | 2nd & 4th Saturdays Please call (808) 754-7187 for an appt | 10:00am - 12:00pm By appt only |
| Jesus Is Alive Fellowship | 66-405 Waialua Beach Rd. Haleiwa, HI 96712 | (808) 754-5949 | North Shore | Sundays | 2:30pm - 3:30pm |
| Private Sector Hawaii | P. O. Box 1109 Haleiwa, HI 96712 | (808) 638-9627 | North Shore | Call for Monday Delivery | 1:00pm - 5:00pm (Delivery Time) |
| St. Michael Parish Outreach | 67-340 Haona St. Waialua, HI 96791 | (808) 637-4040 | North Shore | 2nd & 4th Monday or by appt | 8:30am - 10:30am call (808) 637-4040 |
| Sunset Beach Christian Church | 59-578 Kamehameha Highway Haleiwa, HI 96712 | (808) 638-0019 | North Shore | Tuesdays | 12:00pm - 2:00pm |

| Location Name | Location | Phone # | Area | Days of Operation | Hours of Operation |
|---------------------------------|---|----------------------------|-------------------|-----------------------------------|---|
| Armed Services YMCA (MCBH) | 455 Bingham Way Kailua, HI 96734 | (808) 254-4719 | Windward Coast | Monday - Friday | 7:30am - 3:30pm Base Access Required |
| Central Union Church Windward | 38 Kaneohe Bay Dr. Kailua, HI 96734 | | Windward Coast | Wednesdays | 10:00am - 11:00am |
| Hui Mahiai Aina | 41-902 OluOlu St. Waimanalo, HI 96795 | | Windward Coast | Tuesdays | 9:00am - 12:00pm |
| KEY Project | 47-200 Waihee Rd. Kaneohe, HI 96744 | (808) 239-5777 | Windward Coast | Monday - Friday | 9:00am - 3:00pm |
| Our Lady of Mount Carmel Church | 48-422 Kamehameha Hwy. Kaneohe, HI 96744 | (808) 239-9269 | Windward Coast | Wednesdays | 10:00am - 12:00pm |
| St. Ann's Church | 46-129 Haiku Rd. Kaneohe, HI 96744 | (808) 247-3092 ext. 123 | Windward Coast | Monday - Friday By Appointment | 1:00pm By appt only |
| St. Anthony's Outreach | 114 Makawao Street Kailua, HI 96734 | (808) 266-2227 | Windward Coast | Tuesdays & Thursdays | 9am - 12pm |
| St. Mark Lutheran Church | 45-725 Kamehameha Hwy. Kaneohe, HI 96744 | (808) 247-4565 | Windward Coast | Saturdays | 8:00am - 10:00am |
| The Salvation Army - Kaneohe | 45-175 Waikalua Rd. Kaneohe, HI 96744 | (808) 235-1408 | Windward Coast | Tuesdays | 9:00am - 12:00pm |
| Windward Baptist Church | 47-528 A Kamehameha Hwy. Kaneohe, HI 96744 | (808) 239-6917 | Windward Coast | Tuesday, Thursday & Friday | 11:00am - 12:00pm |

Prepared Meals - Soup Kitchens

| Location Name | Location | Phone # | Area | Days of Operation | Hours of Operation |
|--------------------------------|--|----------------|-----------------|--|---|
| St. Timothy's Episcopal Church | 98-939 Moanalua Rd. Aiea, HI 96701 | (808) 488-5747 | Central Oahu | 2nd & 4th Tuesday | 4:30pm - 6:00pm |
| First Assembly of God Red Hill | 3400 Moanalua Rd Honolulu, HI 96819 | | Honolulu | Every Sunday after each service First service at 8:00 am Second service at 10:15 am | After first service 10:00am - 10:30am After second service 12:00pm - 12:30pm |

| Location Name | Location | Phone # | Area | Days of Operation | Hours of Operation |
|--|--|----------------|------------------|-------------------|--|
| Institute for Human Services | 350 Sumner St. Honolulu, HI 96817 | (808) 447-2800 | Honolulu | Daily | Breakfast: 7am – 9am Lunch: 11am – 1pm Dinner: 5pm – 7pm |
| River of Life Mission | 101 N Pauahi St. Honolulu, HI 96817 | | Honolulu | Monday - Friday | Breakfast 8:00am - 10:30am Lunch 12:30pm - 2:30pm Dinner 7:00pm - 8:00pm |
| Salvation Army: Camp Homelani @ Kauluwela Corps | 296 N Vineyard Blvd. Honolulu, HI 96817 | | Honolulu | Sundays | 7:30pm |
| St. Elizabeth's Episcopal Church | 720 N King St. Honolulu, HI 96817 | | Honolulu | Tuesdays | 10:30am - 12:00pm |
| Cedar Assembly of God | 620 Waipa Lane Honolulu, HI 96817 | (808) 379-0257 | Honolulu | Tuesdays | 8am - 9am |
| Brethren of Christ International | 94-133 Pahu St. Waipahu HI 96797 | (808) 676-4673 | Leeward Coast | Sundays | 11:30am - 12:30pm |

**Mass Distributions - 'Ohana Produce Plus Program
(Bolded dates have been adjusted due to Holidays/Closures)**

| Distribution Site Name | Distribution Address | Area | Phone # | Sign In | Distribution Time | Distribution Date | March 2023 | April 2023 | May 2023 |
|---|--|---------------|----------------|---|--|-----------------------|--------------------------------------|--------------------------|-------------------|
| Armed Services YMCA JBPHH (Base access required) | 100 McChord St., Bldg. 1859 Pearl Harbor, HI 96853 | Central Oahu | (808) 473-3399 | | 1:00pm - 3:00pm | Fourth Wednesday | 22 | 26 | 24 |
| Armed Services YMCA Schofield/Wheeler (Base access required) | 1262 Santos Dumont Ave. Wahiawa, HI 96786 | Central Oahu | (808) 433-8410 | | 12:30pm - 2:30pm | 4th Monday | 20 | 24 | 22 |
| Calvary Chapel Pearl Harbor @ Manana Community Park | 1310 Waimano Home Rd. Pearl City, HI 96782 | Central Oahu | | | 8:00am | Last Saturday | 25 | 29 | 27 |
| First Assembly of God Wahiawa | 300 Wilikina Dr. Wahiawa, HI 96786 | Central Oahu | (808) 836-2300 | | 8:00am - 11:00am | 4th Saturday | 24 | 28 | 26 |
| Inspire Church @ Patsy T Mink Central Oahu Regional Park ONLINE REGISTRATION ONLY @ https://www.eventbrite.com/o/inspire-church-44520083263 | 94-801 Kamehameha Hwy., Waipahu, HI 96797 | Central Oahu | | Follow the Organization on Eventbrite to find out when Registration Opens | 9:00am - 11:00am | 1st Tuesday | 7 | 4 | 2 |
| Leeward Community Church ONLINE REGISTRATION ONLY @ http://komomaics.org/food | 1860 Komo Mai Dr. Pearl City, HI 96782 | Central Oahu | (808) 456-1340 | Registration opens Monday prior | See Registration | 2nd Saturday | 11 | 15 | 6 |
| Lighthouse Outreach Center @ Waipio Soccer Complex ONLINE REGISTRATION ONLY @ www.hawaiifoodbank.org/help/ | 93-061 Waipio Point Access Rd, Waipahu, HI 96797 | Central Oahu | | Registration opens Monday prior @ 9am | 10:00am - 12:00pm | Fridays | 3, 10, None , 24, None | None , 14, 21, 28 | 5, 12, 19, 26 |
| Pearlside Church ONLINE REGISTRATION ONLY @ https://pearlside.org/cares | 98-780 Oihana Pl. # C-1, Aiea, HI 96701 | Central Oahu | (808) 484-0061 | Registration opens Monday prior | 10:30am - 12:00pm | 1st Saturday | 4 | 1 | 6 |
| St. Stephen Episcopal Church | 1679 California Ave, Wahiawa, HI 96786 | Central Oahu | | | 10:00am | 2nd & 4th Wednesday | 8, 22 | 12, 26 | 10, 24 |
| St. Stephen Episcopal Church @ Whitmore Community Center | 1259 Whitmore Ave, Wahiawa, HI 96786 | Central Oahu | | | 10:00am | Bi-Monthly 3rd Monday | 13 | | 15 |
| Surfing the Nations | 64 Ohai St. Wahiawa, HI 96786 | Central Oahu | | 1:00pm - 2:30pm | When Truck Arrives | Thursdays | 2, 9, 16, 23, 30 | 6, 13, 20, 27 | 4, 11, 18, 25 |
| Angel Network Charities DRIVE THRU ONLY | 5339 Kalaniana'ole Hwy. Honolulu, HI 96821 | East Honolulu | | | 1:00pm - 3:00pm | 1st & 3rd Thursday | 2, 16 | 6, 20 | 4, 18 |
| King's Cathedral Oahu | 5740 Kalaniana'ole Hwy. Honolulu, HI 96821 | East Honolulu | (808) 466-3273 | | 11:00pm - 1:00pm | 2nd & 4th Thursdays | 9, 23 | 13, 27 | 11, 25 |
| Mutual Housing Association of Hawaii - Palolo Homes | 2170 Ahe St Honolulu, HI 96816 | East Honolulu | | | 11:30am - 1:30pm | 1st Tuesday | 7 | 4 | 2 |
| Waikiki Community Center @ Kapiolani Community College ONLINE REGISTRATION ONLY @ http://go.hawaii.edu/7PP | 4303 Diamond Head Rd. Honolulu, HI 96816 | East Honolulu | | | See Registration | 2nd Friday | 24 | None | None |
| Calvary Assembly of God | 961 Io Ln. Honolulu, HI 96817 | Honolulu | | 9am - 1pm | 3:00pm | 3rd Friday | 17 | 21 | 19 |
| Central Union Church | 1660 S Beretania St. Honolulu, HI 96826 | Honolulu | (808) 941-0957 | | Walk-Up: 11:00am - 12:00pm Drive-Thru: 12:00pm - 1:00pm | Every Wednesday | 1, 8, 15, 22, 29 | 5, 12, 19, 26 | 3, 10, 17, 24, 31 |

| Distribution Site Name | Distribution Address | Area | Phone # | Sign In | Distribution Time | Distribution Date | March 2023 | April 2023 | May 2023 |
|--|---|-------------------|----------------|---|----------------------------------|---------------------------------|------------------|---------------|---------------|
| Co-Cathedral of St Theresa ONLINE REGISTRATION ONLY @ https://www.cocathedral.org/ | 712 N School St. Honolulu, HI 96817 | Honolulu | | Registration opens one week prior. | 9:00am - 11:00am | Once A Month When Possible | 25 | 22 | 27 |
| First Assembly of God Red-Hill | 3400 Moanalua Rd. Honolulu, HI 96819 | Honolulu | (808) 836-2300 | | 7:30am - 9:30am | 4th Saturday | 24 | 28 | 26 |
| Gregory House Programs @ First Baptist Church | 1313 Pensacola Street Honolulu, HI 96814 | Honolulu | (808) 592-9048 | | 9am - **While Supplies Last** | 2nd Tuesdays | 14 | 11 | 9 |
| Hawaii Health & Harm Reduction Center @ Na Kapuna Makamae Community Center WALK UP ONLY | 653 Ala Moana Blvd. Honolulu, HI 96813 | Honolulu | (808) 521-2437 | | 12:30pm | Fourth Wednesday | 22 | 26 | 24 |
| Honolulu Bible Church | 1844 Palolo Ave. Honolulu, HI 96816 | Honolulu | (808) 396-2643 | | 10:00am | 3rd Saturday | 18 | 15 | 20 |
| Institute For Human Services | 350 Sumner St. Honolulu, HI 96817 | Honolulu | (808) 447-2800 | | 1:00pm | Last Thursday | 23 | 27 | 25 |
| Institute For Human Services @ Kahauiki Village | 2475 N Nimitz Hwy. Honolulu, HI 96819 | Honolulu | (808) 447-2800 | | 1:00pm - 3:00pm | Last Tuesday | 28 | 25 | 30 |
| Kalihi Union Church WALK UP ONLY | 2214 North King St. Honolulu, HI 96819 | Honolulu | (808) 841-7022 | | 9:00am - 11:00am | Thursdays | 2, 9, 16, 23, 30 | 6, 13, 20, 27 | 4, 11, 18, 25 |
| Korean Seventh Day Adventist Church | 2142 Algaroba St. Honolulu, HI 96826 | Honolulu | (808) 955-3339 | | 11:00am | Last Monday | 20 | 24 | 15 |
| Life Christian Church ONLINE REGISTRATION ONLY @ www.lifechristianhawaii.org/events | Various school locations, please see online registration for information. 2010 Nuuanu Ave. Honolulu, HI 96817 | Honolulu | (808) 201-4482 | Registration opens 4/27/21 in the evening | See Registration | 1st Saturday | 4 | 1 | 6 |
| Sts. Peter and Paul Church | 800 Kaheka St, Honolulu, HI 96814 | Honolulu | (808) 941-0675 | | 10:00am - 11:30am | 3rd Saturday | 18 | 15 | 20 |
| Trinity Missionary Baptist Church | 3950 Paine Circle Honolulu, HI 96818 | Honolulu | (808) 422-8622 | | 9:00am | 4th Tuesday | 28 | 25 | 23 |
| Boys & Girls Club Ewa Beach | 91-884 Fort Weaver Rd. Ewa Beach, HI 96706 | Leeward Coast | (808) 689-4182 | | 1:00pm - 3:00pm | 4th Friday Every other month | TBD | | TBD |
| City of Joy Assembly of God | 87-2070 Farrington Hwy. Waianae, HI 96792 | Leeward Coast | (808) 256-3596 | | 8:00am - 10:00am | 1st Saturday | 4 | 1 | 6 |
| Community People Ministries @ Pokai Bay Beach Park | 960 Bayview St #85, Waianae, HI 96792 | Leeward Coast | | 10:30am | 11:30am - 12:30pm | 1st Friday | 3 | 14 | 5 |
| Community Pepole Ministires @ Puuloa District Park | 91-970 Kaileolea Dr. Ewa Beach, HI 96706 | Leeward Coast | | 9:30am | 10:30am - 11:30am | Last Tuesday | 28 | 25 | 30 |
| Hawaii Cedar Church Waianae Farm | 85-596 Waianae Valley Rd. Waianae, HI 96792 | Leeward Coast | | 10:00am | 12:00pm - 3:00pm | 2nd & 4th Tuesday | 14, 28 | 11, 25 | 9, 23 |
| Message of Peace Ministry @ Asing Community Park | 91-1450 Renton Rd. Ewa Beach, HI 96706 | Leeward Coast | | | 8:00am | 3rd Saturday | 18 | 15 | 20 |
| Nanaikapono Protestant Church | 89-235 Pua Ave. Waianae, HI 96792 | Leeward Coast | (808) 668-1184 | 8:30am | 10:00am | 4th Saturday | 25 | 22 | 27 |
| Once A Month Church @ Kaiaka Bay Beach Park | 66-449 Haleiwa Rd. Haleiwa, HI 96712 | North Shore | (808) 780-8037 | | 12:00am - 2:00pm | 1st & 3rd Wednesday | 1, 15 | 5, 19 | 3, 17 |
| Armed Services YMCA MCBH (Base access required) | 455 Bingham Way Kailua, HI 96734 | Windward Coast | (808) 254-4719 | | 12:00pm - 2:00pm | 2nd Monday | 13 | 10 | 8 |

| Distribution Site Name | Distribution Address | Area | Phone # | Sign In | Distribution Time | Distribution Date | March 2023 | April 2023 | May 2023 |
|--|--|----------------|----------------|---------|-------------------|-------------------|------------|------------|----------|
| Dynamic Compassion In Action @ Waimanalo District Park | 41-415 Hihimanu St. Waimanalo, HI 96795 | Windward Coast | (808) 754-6260 | | 1:30pm | 1st & 3rd Monday | 6, 20 | 3, 17 | 1, 15 |
| Hope Chapel Kahuku @ Kahuku Medical Center - Trailers | 56-117 Pualalea St. Kahuku, HI 96731 | Windward Coast | | | 3:30pm - 5:30pm | 4th Monday | 20 | 24 | 22 |
| Hui Mahiai Aina @ Waimanalo District Park | 41-415 Hihimanu St. Waimanalo, HI 96795 | Windward Coast | | | 12:30pm | 1st Thursday | 2 | 6 | 4 |
| Hui O Hauula @ Hauula Beach Park | 54-135 Kamehameha Hwy. Hauula, HI 96717 | Windward Coast | | | 11:00am - 2:00pm | 1st Monday | 6 | 3 | 1 |
| Key Project ONLINE REGISTRATION ONLY @ www.keyproject.org (see community news) | 47-200 Waihee Rd. Kaneohe, HI 96744 | Windward Coast | (808) 239-5777 | | 1:00pm - 4:00pm | 1st Tuesday | 7 | 4 | 2 |

O'AHU HOMELESS HELP CARD

Information provided by Partners In Care O'ahu
Produced as a service of the City & County of Honolulu

GENERAL HELP

Access to Independence (For Those With a Disability)

369-9521
Aloha United Way (auw211.org) 211

CRISIS (24 HOURS)

Hawai'i CARES (mental health, substance use
crisis and support services, COVID-19 resources for
unsheltered individuals) 832-3100
Domestic Violence Crisis Line 266-7233

ABUSE (CHILD/SPOUSE/ADULT)

Adult Protective Services (weekdays) 832-5115
Child Protective Services (24 hour) 832-5300
Domestic Violence Action Center 531-3771
Toll-Free (all islands) 800-690-6200
Text (24 hour) 605-956-5680
24/7 Chat Available
www.domesticviolenceactioncenter.org
Domestic Violence Hotlines
Town/Leeward (CFS) 841-0822
Windward (PACT) Hotline/
Crisis Counseling 526-2200

Legal Aid Society of Hawai'i 536-4302
Volunteer Legal Services Hawai'i 528-7046

MEDICAL CARE

Aloha Medical Mission Clinic-Dental 847-3400
Hawai'i HOME Project 223-8859
Hawai'i Homeless Healthcare Hui "H4"
Iwilei 447-2924
Kāne'ōhe 234-5562
Honolulu 376-5315
KPHC, Healthcare for the Homeless Project 791-6342
Hawai'i Health and Harm Reduction Center (HHHRC)
..... 521-2437
Joint Outreach Center (JOC) 545-3694
Kōkua Kalihi Valley 791-9400
Ko'olauloa Health Center 293-9231
Project Vision Hawai'i 201-3937
Wai'anae Coast Comprehensive 697-3300
Waikiki Health 922-4787
Waimānalo Health Center 259-7948

MENTAL HEALTH

Hawai'i CARES (mental health, substance use
crisis and support services, COVID-19 resources for
unsheltered individuals) 832-3100
Catholic Charities Hawai'i Counseling Center
..... 527-4470

EPIC – 'Ohana Conferencing (Child Abuse & Neglect)
..... 838-7752
Family Peace Center (PACT) 832-0855
Sex Abuse Treatment Center 524-7273

DISPUTE RESOLUTION

The Mediation Center of the Pacific 521-6767

DOMESTIC VIOLENCE SHELTERS

Child & Family Services 841-0822
PACT 'Ōhi'a Shelter 526-2200
Windward Spouse Abuse Shelter 528-0606

LANGUAGE NEEDS

Bilingual Access Line (Interpreter Services)
..... 526-9724

ALCOHOL/DRUG

Alcoholics Anonymous 946-1438
Champ Clinic 426-4515
Hawai'i Health and Harm Reduction Center (HHHRC)
..... 521-2437
Kū Aloha Ola Mau 538-0704
Habilitat, Inc 800-872-2525
Hale Na'au Pono 696-4211
Hawai'i CARES 832-3100
Hina Mauka Kāne'ōhe 236-2600
Hina Mauka Waipahu (outpatient) 671-6900
Ho'omau Ke Ola 696-4266

Dept of Health, Mental Health Clinics:

Adult MH Division Eligibility Line 643-2643
East Honolulu Trtmt Svc Section 733-9260
West Honolulu Trtmt Svc Section (adults) 832-5800
Kāne'ōhe (adults) 233-3775
Central O'ahu Fam Guide Ctr (Kāne'ōhe) 233-3770
Central O'ahu Trtmt Svc Section 453-5950
Central O'ahu Fam Guidance Ctr (Pearl City)
..... 453-5900
Honolulu Fam Guidance Center 733-9393
Leeward O'ahu Fam Guid Center 692-7700
Hale Na'au Pono – Wai'anae 696-4211
Helping Hands Hawai'i 440-3825
Hope Treatment Services 638-4555, 638-4440
IHS, Institute for Human Services 447-2924
Kahi Mohala Behavioral Health 671-8511
North Shore Mental Health 638-8700
Safe Haven, Mental Health Kōkua 524-7233

PET SERVICES

Hawaiian Humane Society Animal
Emergency/Stray Pick Up 356-2250
Pet Spay/Neuter or Surrender 356-2285
Poi Dogs & Pōpōki (Wellness checks, Immunizations,
Microchipping, Spay/Neuter Services) 551-7915

RENTAL ASSISTANCE

Catholic Charities Hawai'i 521-4357

Hope Treatment Services 638-4440, 638-4555
Narcotics Anonymous 734-4357
Po'ailani 263-3500
Salvation Army Detox (ATS) 595-5819
Salvation Army Family/Women (FTS) 732-2802
Salvation Army Adult Males (ATS) 595-6371
Salvation Army (ARC) 808-522-8400
Sand Island Treatment Center 841-3915
Women In Need (Intensive Outpatient Program
for Women & Men) 486-1996

STATE DHS BENEFITS: APPLICATION UNITS

Hawai'i Public Housing Authority
Applications Office 832-5961
(TANF, GA, Medicaid & SNAP)
Kapolei Processing Center 692-8384
(For Kapolei, Waipahu)
Ko'olau Processing Center (Luluku) 233-5325
(For Kailua, Kāne'ōhe, Waikalua, Windward)
(Not for New Applications)
Ko'olau Processing Center (Waikalua) 233-3621
(New Applications Only) (Windward side)
KPT Processing Center 832-3822
(For Kalihi, Kuakini, Nu'uuanu)
OR&L Processing Center 586-8047
(For Iwilei, Pālama)

Institute for Human Services (IHS)
..... 447-2844 and 447-2806
Landlord Engagement Program 543-2212
Rent to Work 768-5727

SHELTER: EMERGENCY

Family Promise (families) 548-7478
Hale Kipa (youth <18) 754-9844
IHS (men) 447-2900
IHS (women and families) 447-2800
IHS Hale Mauiola Sand Island
Navigation Center (Pet Friendly) 744-4492
Keauhou Emergency Shelter (Waikiki Health)
(Single males, females and couples) 537-8330
Kealahou West O'ahu – Onelau'ena 782-4342
Next Step Shelter (Waikiki Health) 585-8800
Pai'olu Kaiāulu, U.S. VETS
Wai'anae Civ. Center (Pet Friendly) 664-1400
RYSE (Youth ages 18-24) 498-5180
Shelter of Wisdom (Men) 383-9498

SHELTER: TRANSITIONAL

Alternative Structures (Wai'anae – families)
'Ohana Ola O Kahumana 696-4095
Catholic Charities Mā'ili Lnd (families) 696-4885
Gregory House (HIV) 592-9022
Hale Kipa (youth 18 to 22) 284-2079
Hale Ulu Pono 682-4466

Pohulani Processing Center 587-5283
(For Kina'u, Moanalua, Pāwa'a, Pūnāwai)
Wahiawā Processing Center 622-6315
Wai'anae Processing Center 697-7881
(For Ka'ala, Wai'anae)
Waipahu Processing Center 675-0052
(For Waikele, Kapālana)

EDUCATION

HawaiianHope.org (Inexpensive & Free Computers / Tech)
..... 352-8800
Homeless Concerns Office, DOE (toll free)
..... 1-866-927-7095

EMPLOYMENT

Alu Like – Dept. of Employment and Training
..... 535-6750
American Job Center (Dillingham) 768-5701
Catholic Charities Hawai'i Homeless Veterans
Reintegration Program 521-4357
Division of Vocational Rehabilitation 586-5164
Economic Development Center (PACT) 842-7093
Goodwill Industries of Hawai'i 483-7172
HCAP Senior Employment 521-4531
HI Disability Rights Center (Ticket to Work) 949-2922
HI State Unemployment Office 586-8970
IHS Hele2Work 447-2912

Household Solutions, Inc. 973-0050
Kulaokahu'a – Seniors (Not for Applications)
..... 599-5759
Sea Winds – Single, Couples, Families 696-0061
Kealahou West O'ahu – Onemalu (families) 682-5868
Kumuhonua (HCAP) 682-5494
RYSE (Youth ages 18-24) 498-5180
Safe Haven, Mental Health Kōkua 524-7233
Women In Need (Women & Children) 486-1996

OUTREACH/DROP IN CENTERS

ALEA Bridge 379-2532
HawaiianHope.org • Internet Cafe – Wai'anae
..... 352-8800
IHS, Institute for Human Services 447-2833
Kealahou West O'ahu 696-5667
KPHC, Healthcare for the Homeless Project 791-6370
Legal Aid Society of Hawai'i 536-4302
Living the Word 834-2823
RYSE (Youth ages 18-24) 498-5180
Safe Haven, Mental Health Kōkua 524-7233
Salvation Army (Fam. Services Office) 841-5565
SNAP 440-3832
Wai'anae Coast Comp Health Center 697-3586
U.S.VETS (Available to All) 282-0554
Youth Outreach (YO!) 942-5858

Network Enterprises, Inc 521-7774
U.S.VETS (Employment Assistance/Veteran Services)
..... 330-5566

FOOD

Helping Hands Hawai'i, Community Clearinghouse
(One Time/Emergency Needs) 440-3800
River of Life Mission 524-7656
Salvation Army (Family Services) 841-5565
Call 211, check w/ outreach agencies or churches

HEPATITIS B&C

Hawai'i Health and Harm Reduction Center (HHRC)
..... 521-2437
Hep Free Hawai'i 436-5884

HIV/AIDS

Gregory House Programs 592-9022
Hawai'i Health and Harm Reduction Center (HHRC)
..... 521-2437
Waikiki Health 922-4787

HYGIENE SERVICES

HiEHiE (Mobile Showers/Restrooms) 201-3937
Piināwai Rest Stop (Laundry & Showers) 599-9750
Revive + Refresh (Mobile Hygiene Center) 779-6738
River of Life Mission 524-7656
Safe Haven 524-7233

LEGAL

Community Outreach Court 347-2551

VETERANS' SERVICES

2nd Chance Group Home LLC
Females 554-9950
Males 354-2098
Catholic Charities Hawai'i Supportive Services
for Veteran Families (SSVF) 521-4357
Cloudbreak Hawai'i, LLC Permanent Housing
(Service Enriched Affordable Housing for Veterans)
..... 682-1949
Hawai'i Vet 2 Vet Inc. 457-7027
HawaiianHope.org (Inexpensive & Free Computers / Tech)
..... 352-8800
IHS Veteran Support Program 447-2916
Network Enterprises, Inc. (employment) 521-7774
U.S.VETS (outreach, housing, support)
..... 672-2977, 282-0554
VA Health Care for the Homeless (outreach, medical,
& mental health services) 433-0357
VA Call Center (SATP, MH, & Medical Appointments)
..... 1-800-214-1306
Veterans Suicide Hotline 1-800-273-8255

Paid for by the taxpayers of the City & County of
Honolulu and the Mayor's Office of Housing
Revised August 2020

| Shelf-Stable Foods | Shelf Life After Code Date |
|---|--|
| Baby Food | |
| Cereal: dry mixes | Expiration date on package |
| Food in Jars, cans | Expiration date on package |
| Formula | Expiration date on package |
| Juice | 1 year |
| Canned Food | |
| Beans | 3 years |
| Fish: salmon, tuna, sardines, mackerel | 3 years |
| Frosting, canned | 10 months |
| High-acid foods | |
| - fruit (including applesauce, juices) | } 1-2 years |
| - pickles, sauerkraut | |
| - baked beans w/mustard/vinegar | |
| - tomatoes, tomato-based soups & sauces | |
| Low-acid foods | |
| - gravy, soups/broths that aren't tomato-based | } 2-3 years |
| - pasta, stews, cream sauces | |
| - vegetables (not tomatoes) | |
| Meat: beef, chicken, pork, turkey | 2-3 years |
| Pie filling | 3 years |
| Condiments, Sauces, Syrups | |
| UHT milk | |
| Broth: beef, chicken or vegetable | |
| Soup | |
| Fruits | |
| Vegetables | |
| Condiments, Sauces, Syrups | |
| Barbeque sauce (bottled) | 1 year |
| Frosting, canned | 10 months |
| Gravy (dry mix envelopes) | 2 years |
| Honey | 2 years --remains safe after crystallization. To use, simply immerse closed container in hot (not boiling) water until honey liquifies |
| Jams, jellies, preserves | 18 months |
| Ketchup, cocktail, or chili sauce: jar, bottle, or packet | 18 months |
| Mayonaise, jar, bottle or packet | 3-6 months |
| Molasses | 2 years |
| Mustard: jar, bottle or packet | 2 years |
| Olives | 18-24 months |
| Pickles | 1 year canned 2 years, jarred--discard if inside of lid is rusty open opening |
| Salad dressings: bottled | 1 year |

| Shelf-Stable Foods (continued) | Shelf Life After Code Date |
|---|--|
| Condiments, Sauces, Syrups (continued) | |
| Spaghetti sauce, canned | 18 months |
| Spaghetti sauce, jarred | 18 months |
| Syrup, chocolate | 2 years |
| Syrup, corn | 2 years |
| Syrup, pancake | 2 years |
| Vinegar | 2 years |
| Worcestershire sauce | 2 years |
| | |
| Dry Goods | |
| Baking Mix, pancake | 9 months |
| Baking mixes (brownie, cake, muffin, etc.) | 12-18 months |
| Baking powder | 18 months |
| Baking soda | indefinite if kept dry |
| Beans, dried | 1 year |
| Bouillon: beef or chicken | 12-24 months |
| Bouillon: vegetable | 12-24 months |
| Bread , commercially prepared (including rolls) | 3-5 days |
| Cakes, commercially prepared | 3-5 days at room temp 3 months stored frozen |
| Candy (all, including chocolate) | 9 months, caramel 18 months, chocolate 36 months, hard candy |
| Casserole Mix | 9-12 months |
| Cereal, cold | 1 year |
| Cereal, hot | 1 year |
| Cookies | 4 months |
| Cornmeal | 1 year at room temp 2+ years frozen |
| Crackers | 8 months Except graham crackers, 2 months |
| Flour, white (all purpose or cake) | 1 year |
| Flour, whole wheat | 6 months (keeps longer if refrigerated or frozen) |
| Fruit, dried | 6 months (keeps longer if refrigerated or frozen) |
| Macaroni and Cheese, mix | 6-12 months |
| Nuts, out of shell | 6-12 months, bagged 12-24 months, canned |
| Nuts, in shell | 6-12 months, bagged 12-24 months, canned |
| Oatmeal | 12 months |
| Oil, olive, vegetable , salad | 6 months |
| Pasta, dry (egg noodle) | 2-3 years |
| Pasta, dry (no egg) | 2-3 years |
| Peanut Butter | 18 months |
| Popcorn, kernels | 2 years |
| Popcorn, commercially popped and bagged | 2-3 months |
| Popcorn, microwave packets | 1 year |

| Shelf-Stable Foods (continued) | Shelf Life After Code Date |
|---|---|
| Dry Goods (continued) | |
| Potatoes, mashed, instant flakes | 1 year |
| Pretzels | 6-8 months |
| Pudding, prepared/shelf stable | 1 week |
| Rice, brown | 1 year |
| Rice, white | 2 years |
| Rice-based mixes | 6 months |
| Shortening, vegetable | 8-12 months |
| Spices | up to 4 years, whole spices up to 2 years, ground spices Spices lose flavor over time but remain safe to use indefinitely |
| Stuffing mix | 9-12 months |
| Sugar, brown (light or dark) | 18 months |
| Sugar, confectioners | 18 months |
| Sugar, white | 2+ years |
| Sugar substitute | 2 years |
| Toaster pastries | 6 months, fruit 9 months, no fruit |
| Tortillas | 3 months, shelf or refrigerator 6 months, freezer Do not use if they develop mold or harden |
| Shelf -Stable Beverages | |
| Cocoa Mixes | 36 months |
| Coffee Creamer, liquid shelf stable | 9-12 months |
| Coffee creamer, powdered | 2 years |
| Coffee, ground | 2 years |
| Coffee, instant | 1-2 years |
| Coffee, whole bean | 1 year, vacuum packed |
| Instant breakfast | 6 months |
| Juice, bottle, shelf-stable | 9 months |
| Juice, box | 4-6 months |
| Juice, canned | 18 months |
| Juice concentrate, shelf-stable | |
| Milk, evaporated | 1 year |
| Milk, non-fat dry | 1 year |
| Milk-shelf stable UHT | 6 months |
| Milk, sweetened condensed | 1 year |
| Nutritional aid supplements (Boost, Ensure, etc.) | 1 year |
| Rice milk, shelf stable | 6 months |
| Carbonated beverages (soda/seltzer water) | 3 months, bottles (all) 3 months, diet (cans) 9 months, regular soda or seltzer (cans) |
| Soymilk, shelf stable | 6 months |
| Tea, bagged | 18 months |
| Tea, instant | 3 years |

| Shelf-Stable Foods | Shelf Life After Code Date |
|--|---|
| Shelf -Stable Beverages (continued) | |
| Water | indefinite: store in cool, dark place away from chemicals |
| Water, flavored | indefinite: store in cool, dark place away from chemicals |